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Bangalore Mirror ON SUNDAY

TEMP Max 27 | Min 18 | Humidity 84% Generally cloudy sky Sensex 59,959 | Nifty 17,786 | Gold 50,230 | Silver o 82.00 | GBP 95.56

'5 out of 10 schoolchildren surveyed have unusual BMI' — docs point to lack of activity, sun exposure, increased screen time

THE UNBEARABLE LIGHTNESS OF BEING

14,719 children from private school participated in survey

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TWEETS @BangaloreMIRROR

Around five out of ten children surveyed at a private school's branches have abnormal Body Mass Index (BMI).

The survey involving 14,719 children in the city showed 45.50% of schoolchildren part of the project have BMI above or below the normal value.

Moreover, the boys outweighed the girls in both the overweight and underweight categories. Only 50.68% of the boys and 59.12% of the girls exhibited a healthy BMI.

BMI is a number that tells you whether you are maintaining a healthy weight for your age and height. Children's BMI is plotted on percentile charts against age. A BMI of less than the 5th centile is 'underweight'; BMI between the 5th and 85th centile is normal, between 85th and 95th centile is 'overweight'. Above the 95th centile is termed as obese.

The survey was conducted by Orchids The International School after three months of physical schooling to understand the health status and eating habits of children post covid-19 pandemic.

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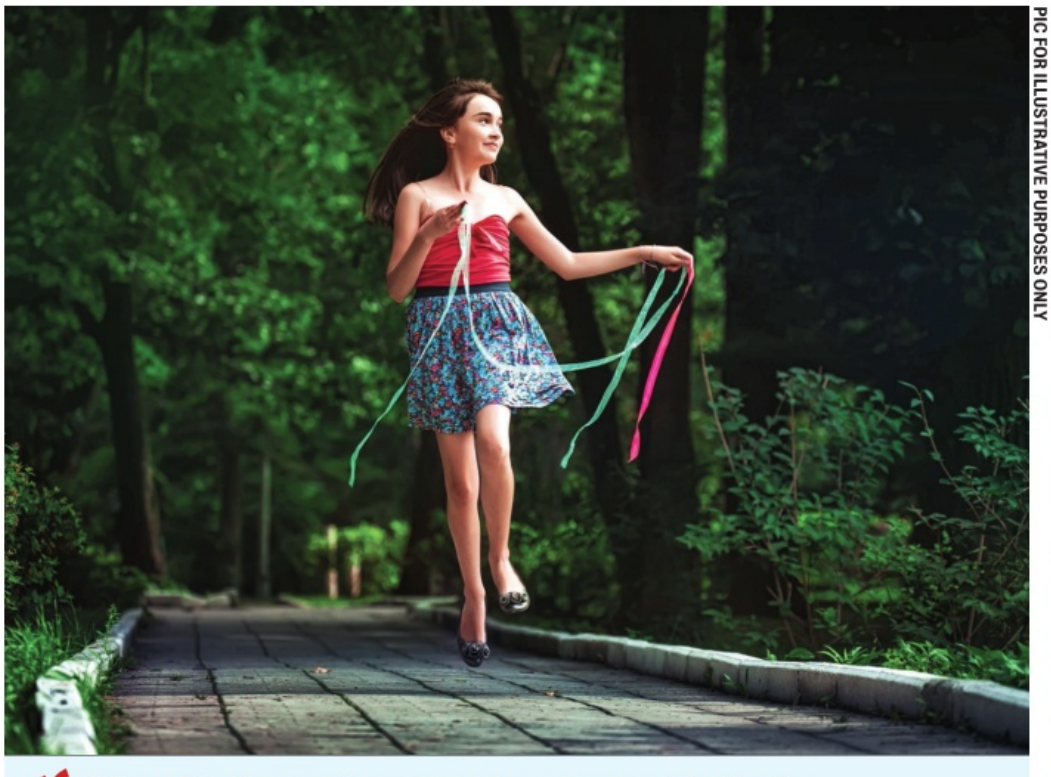

PIC FOR ILLUSTRATIVE PURPOSES ONLY

"Obesity has gone up exponentially in pandemic years. Roughly one in four children in urban areas is either overweight or obese

— Dr Rajath Athreya, Sakra World Hospital

Snatch

Citizens arrive from remote Karnataka following fraudulent WhatsApp message, realise were cheated on star's death anniversary

A poster of the event to distribute cheques to the beneficiaries from economically weaker sections

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TWEETS @BangaloreMIRROR

It seems there is no dearth of greedy crooks in society who can go to any ludicrous extent to cheat gullible people, from economically poor families. The sickening fact is that these individuals do not hesitate to misuse a departed film star's name to earn money illegally.

Around 10 people came to Bengaluru on Friday after they came across an advertisement that circulated on WhatsApp. They received the WhatsApp message a few days ago, which stated, a grand function was scheduled to be held at Bangalore Palace Grounds on October 29 on the occasion of Puneeth Rajkumar's first death anniversary.

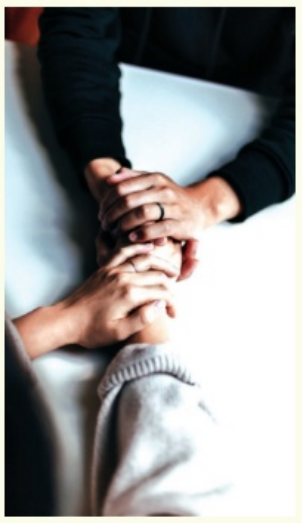
According to the WhatsApp message, 'an organisation — Sardar Vallabhbhai Patel Minorities Organisation, Ahmedabad — has called applications from economically weaker sections to avail Rs 20 lakh loan for starting business, rearing sheep, buffaloes and aquaculture'.

The message stated that selected

CONTINUED ON PAGE 9 »

3 THINGS TO DO

01 Aphasia 101



On the occasion of World Stroke Day, Samvaad Institute of Speech and Hearing offers a two-day free camp for people with aphasia (loss of communication skills after a stroke) senior speech language pathologist will be available for consultation. Six months free speech therapy will also be offered.
Where: Samvaad Institute of Speech and Hearing, Anandgiri extn, Hebbal
When: Oct 30, 9 to 5 pm
Information: 9663388623, 9480295004

02 Halloween bake sale

Check out a special Halloween bake sale where you will be spoilt for choice with an array of food and dessert counters. From gourmet treats to classic favourites, this bake sale promises to be a finger-licking one. What's more, you can turn up with your pets too!
Where: The Courtyard, Shantinagar
When: Oct 30
Entry: Free

03 Culture Chutney

Indiranagar SOCIAL is all set to host Culture Chutney in collaboration with The Art and Flea Project, a festival showcasing the best homegrown talents from the city including handpoke tattoo, piercings, and more. Some of the hottest upcoming brands and artists will be there to spoil you silly, along with fun workshops.

Where: Indiranagar SOCIAL
When: Oct 30, 12pm – 7 pm
Contact: 8657896572

Can't breathe easy: Air that's cancerous

Lung cancer directly related to air pollution; doctors say non-smokers also affected

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Wearing masks may help protect the lungs to an extent but not completely, say doctors

Recent research by UK scientists has discovered that long-term prolonged exposure to air pollution could lead to lung cancer. City doctors say that even non-smokers can be prone to lung cancer by inhaling polluted air.

Researchers at Francis Crick Institute and University College London conducted a (Pound symbol)14 million TRACERx Lung Study funded by Cancer Research UK looked into how lung cancer begins and develops. Researchers found that an estimated 6,000 people died of lung cancer in the UK with no smoking history.

To understand this further, they conducted a study spanning 4,00,000 people from the UK and Asian countries. The objective of the study was to find the association between lung cancer and mutation of the Epidermal Growth Factor Receptor (EGFR) gene which is commonly only found in non-smokers and a concentration of PM 2.5 in the air.

The team exposed mice with cells carrying EGFR mutation in the lungs to average air pollution prominently found in cities. They found that mice carrying the EGFR mutation exposed to air pollution were more like to develop cancer than those that weren't. Researchers also found that the rare EGFR mutations that are largely dormant could be triggered by air pollution.

> **"Mechanism-wise, there is not much difference between lung cancer caused by PM 2.5 and one caused by smoking**
> –Dr Divya Shree, Consultant - Pulmonology, Manipal Hospital

Scientists found that air pollution increases the risk of lung cancer, mesothelioma and cancers of the mouth and throat. Researchers also found that blocking the IL-1 Beta molecule which is released in response to PM 2.5 exposure and cases of inflammation could prevent the formation of cancer in mice.

However, they also clarified that the risk is much lower than those involved in smoking where the DNA mutates directly.

Dr Niti Raizada, Director of Medical Oncology and Hemato-Oncology, Fortis Hospitals, said, "These are very tiny particles which comprise of acids, organic chemicals, metals, soil and dust. The coarse particles (PM 2.5-10) can be cleared off by our natural defence mechanism in the nose and upper airway tract protecting us by and large. However, the ultra-fine particles (less than 0.1 micron) not only wade through the lungs, it easily enters our bloodstream similar to an oxygen molecule and causes damage; even short-term exposure to high quantity is known to trigger the mutations leading to lung cancer."

Dr Divya Shree, Consultant - Pulmonology, Manipal Hospital added that PM 2.5 can be inhaled into the deepest portion of the lungs knowns as alveoli sacks. When they reach the lowest parts of the lungs, they affect blood exchange. "Cells responsible for exchanging air and blood are directly affected and cause abnormalities. It also leads to the multiplication of such abnormalities. Recent studies have also shown that exposure to PM 2.5 can be carcinogenic. Apart from lung cancer, it can also affect the urinary bladder and stomach. However, mechanism-wise, there is not much difference between lung cancer caused by PM 2.5 and one caused by smoking."

Doctors noted that both the urban and rural population is equally vulnerable and they advise wearing masks. "Wearing masks can significantly reduce the exposure to such particulate matter but does not nullify their impact completely either," she added.

Dr Sachin Kumar, Senior Consultant, Pulmonology and Critical Care Medicine, Sakra World Hospital said, "Suspended PM 2.5 is commonly found in industrial and vehicle emissions. These emissions contain radon gas, formaldehyde, benzene, sulphur dioxide, and nitric oxide are known to be carcinogenic."

Doctors also added that firecrackers do produce particulate pollutants.

"Green technology has been developed by CSIR (Council of Scientific & Industrial Research–National Environmental Engineering Research Institute) which reduces these pollutants by at least 30 per cent and nearly eliminates the nitrates and SO2 in some instances," added Dr Niti.

When B'lureans souked up a bit of Turkey

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The air was failed with merriment and laughter as thousands of residents from Benson Town and its surrounding areas visited a carnival themed around Turkey. The event, called Salaam Souk, was organised at Jayamahal Palace Hotel premises on Saturday and the theme was 'One Night In Istanbul'. Around 130 stalls were put up to showcase and sell a variety of items.

"We came from Girinagar. We got the information about this carnival on social media. We thought it would be a destination for our weekend entertainment. I bought some materials and tasted a few food items," said Shymala N, a resident of Girinagar.

The carnival at Jayamahal Palace Hotel

Nilofer Maideen from Domlur was very happy to see more stalls at the carnival. "I happened to attend a similar event held last March. This event is better compared with the earlier one. It has more stalls," said Nilofer Maideen.

Some people were seen utilising the photo spot with a backdrop of Istanbul. "I am very happy to visit this carnival. It is amazing to have a photograph with a backdrop of Istanbul," said Namreen.

Meanwhile, Benson Town Residents Association president Arshad B K said that he convinced the organisers to organise the carnival at this location as it would enable residents of Benson Town to visit it.

Auto unions term govt meet with aggregators eyewash

The Karnataka government on Saturday held a meeting with the representatives of cab aggregators Uber, Ola and Rapido over high auto-rickshaw prices.

However, the auto rickshaw union cried foul and dubbed the meeting just an "eye wash".

The meeting was held under the chairmanship of the Principal Secretary NV Prasad and Transport Department Commissioner THM Kumar of the Transport Department.

Though the details of the meeting were not made public, sources said that requests have been placed before the department to fix Rs 100 per kilometre for auto rickshaws.

The government is all set to fix the fares for cab aggregators in the wake of allegations of charging exorbitant prices. The High Court had also given directions for the government to fix the price within 15 days.

Sources say that the cab service providers are pressing for a 30% hike of fares. However, the Transport Department is maintaining that they have not got any such demands.

The High Court is taking up the matter of fixing fares on November 7. However, senior advocate Amruthesh, who represents auto unions stated after the meeting that it's just an eye wash. The meeting ended without fixing fares. He further stated that the meeting was held only to inform the court on November 7 that they had held a meeting in this regard. "For five to six years cab aggregators have been looting the public's money. It was explained in detail in the meeting, but it ended without taking any decision, he added. The Transport Department has given the cab aggregators a free ride without any restrictions, he said. **IANS**

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More police work

Plan is afoot to add 10 more police stations in city

| Sridhar.Vivan
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TWEETS @sridharVMIRROR

Bengaluru may soon get 10 more police stations. Sources in the Home Ministry said that there were plans to add new stations as the city was growing at a rapid pace and the crimes were increasing as well.

As per the plan, the Bengaluru City may add 10 to 12 new police stations. Currently, Bengaluru City has 114 law and order police stations, 44 traffic, two women and nine dedicated cyber police stations. As per the latest proposal, there are plans to add four to give traffic and five to six law and order stations.

An official from the Home Department said, "Currently, many police stations are managing a large area under its jurisdiction. We have also been receiving requests from the people to increase the stations. So, we may add new police stations in those areas where the jurisdiction is quite big."

He said that there may be new stations in Soladevanahalli, Bagalagunte or Peenya limits in the north division. In the east, a new station might be built in the jurisdiction of Andhrahalli which currently falls under Byadarahalli police station limits. In south division, there are plans to have a new station at Uttarahalli which comes under Talaghattapura and Subramanyapura. In the east zone, there is a plan to start a new station at Kalkere which currently comes under the Ramamurthynagar division.

The IT corridor of Whitefield area may also get two stations either at Marathahalli or Varthur. "As far as traffic police stations are considered, there are plans to add new stations at Byadarahalli, Varthur, Bellandur. In some of the stations, each station receives close to 800 to 1,000 cases in a year and it is quite difficult to manage.

Hence, people are demanding more police stations. Even the MLAs are submitting various proposals to add new stations in their constituencies," he said.

Biker gang held, 13 bikes recovered

CRIME FILES

A college student recently lost his bike. Based on his complaint, cops started to track a bike stealing gang and recovered 13 bikes worth Rs 7 lakh. DCP Central Srinivas Gowda said that a few days back, a college student had parked his scooter in front of his home and was surprised to see the vehicle missing the next day.

He registered a complaint with Viveknagar police. Based on informer's inputs, cops started chasing the gang and arrested a 19-year old resident of Mangammanapalya named Yasin Pasha. Pasha's interrogation led the police to another person who was in the business of removing locks from parked bikes and stealing them.

In fact, Yasin was earlier booked under a robbery case under JP Nagar police station limits and was out on bail and during this phase, he started stealing bikes with his accomplice.

Meanwhile, in another case, two men, Shamsher and Maulana, were arrested for robbing a delivery executive at knife point. According to Gowda, these accused used to threaten people travelling in Shantinagar area.

On October 10, the accused duo stabbed a food delivery agent and robbed his mobile phone. Based on his complaint, the police arrested the duo and recovered a mobile phone and a knife.

Dog's death in accident: HC relief to car driver

The Karnataka High Court has quashed a case pending in a lower court against a car driver who was charged under sections of the Indian Penal Code (IPC) and Motor Vehicles Act for causing an accident that led to the death of a petitioner's pet dog.

Prathap Kumar G was driving his sports utility vehicle (SUV) in Vijayanagar area in the city on February 24, 2018 when his car hit a pet dog named Memphi. Dhiraj Rakheja, whose mother was taking the dog for a walk, filed a complaint.

The Vijayanagar police investigating officer conducted the investigation and filed a charge sheet against the petitioner for offences under Section 134(A & B) and 187 of the Motor Vehicles Act, and Sections 279, 428, and 429 of IPC. The case was pending before the Metropolitan Magistrate Traffic Court-II, Bengaluru.

Quashing the case pending before the lower court, Justice Suraj Govindraj in his October 21 judgement said, "Having come to a conclusion that there is no offence made out under Section 134 (a) and (b) of M.V Act, Section 187 of M.V Act, Section 279 of IPC as also under Section 428 and 429 of IPC, I am of the considered opinion that the continuation of the criminal proceedings would only be an abuse of process of court and would cause injustice to the petitioner."

On the question of whether an offence under Section 134 (A & B) of the Motor Vehicles Act, 1988 would get attracted in the event of an accident involving a pet animal, the High Court said, "... the said provision relates only to injury to a person, a dog or animal not being a person would not come within the ambit of Section 134 (a) and (b) of M.V Act. This section deals with 'Duty of driver in case of accident and injury to a person'."

The court said that the only offence if at all is attributed would likely be under Section 428 (mischief) or Section 429 (mischief by killing an animal whose value is above Rs 50) of the IPC.

The court said that the only offence if at all is attributed would likely be under Section 428 (mischief) or Section 429 (mischief by killing an animal whose value is above Rs 50) of the IPC

"It is required that there must be mens rea or animus for the accused to have committed such an offence. Admittedly, the petitioner is not known to the complainant or his family members nor that the petitioner has any enmity with the deceased pet dog Memphi," the HC stated. **PTI**

Bin there, done that

Aiming to reduce waste dumping on roads, BBMP plans to install manned bins across 1,555 spots identified as garbage vulnerable points

According to BBMP, there are 1,555 GVPs or 'black spots' out of which 95 per cent are evening black spots and 76 per cent are perennial

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The manned bins in the city were removed as Bruhat Bengaluru Mahanagara Palike (BBMP) started door-to-door garbage collection. However, BBMP now plans to install manned bins across the city. These physical kiosks will be placed at vantage points for people to dump waste which will be later collected by personnel.

BBMP Chief Commissioner Tushar Giri Nath said, "We have called for tenders to install manned bins in the city. These bins will be placed in around 200 places. For example, there are many shops or hotels which close late at night and there is no system for them to dispose of the trash. So, instead of throwing it outside, they can head to these manned bins and dump the garbage. We will have discussions with shopkeepers so that they can dispose of the garbage at dedicated bins only."

He said that these bins were necessary as many roads were turning black spots despite door-to-door garbage collection. The Palike hopes that these bins will ensure that the trash is not thrown on the ground and instead dumped only in the bins which will be easier to collect.

According to BBMP, there are 1,555 Garbage Vulnerable Points (GVP) which are infamously known as 'black spots'. Of these 1,555 black spots, 95 per cent have been categorised as 'evening blackspots' and 76 as perennial. The evening blackspots are those where the trash is cleared every morning. However, as the day progresses, the said site once progresses into a garbage spot with people throwing away trash with the passage of time.

> **There are many shops which close late at night and there is no system to dispose of the trash. So, instead of throwing it outside, they can head to these manned bin**
>
> -Tushar Giri Nath, BBMP chief commissioner

The perennial blackspots are those where trash is thrown throughout the day and night. One of the reasons why these GVPs never get cleared permanently is due to a lack of consensus on who cleared this trash (neither the door-to-door garbage contractors nor pourakarmikas). However, many believe that there are more than 1,555 blackspots in the city.

The maximum GVPs are due to construction and debris (C and D) waste and legacy waste. Black spots are developed for multiple reasons. It could be due to inefficient door-to-door collection, and non-cooperation from residents in disposing of garbage; many people may not be present at home when the garbage van arrives or due to habitual litterbugs.

Though Pourakarmikas try to draw rangoli and beautify the place, the place is back to normal in the next few hours.

What schoolchildren's BMI reveal

CONTINUED FROM PAGE 1

Health experts BM spoke to said less focus on physical activity, increased screen time, lack of sunlight exposure and poor nutritional quality of food choices reported during the pandemic might have contributed to this outcome.

"There was more intake of carbohydrate-rich foods like white rice, potato fries, aerated drinks, chocolate, white flour and sugar during the pandemic. But it was noticed that healthy food purchases such as fruits, leafy greens, nuts, oilseeds, and whole grains were not as required due to various reasons based on an individual's interest and affordability," said Edwina Raj, nutritionist and dietician, Aster CMI hospital.

In the last decade, there has been a steady increase in childhood obesity, doctors said. "Obesity has gone up exponentially in the pandemic years. Roughly one in four children in urban areas is either overweight or obese. The main factors are sedentary lifestyle, increase in time spent in front of screens for education and recreation, and consumption of snacks and processed foods, eating out, increased consumption of dairy products," said Dr Rajath Athreya, paediatrician, Sakra World Hospital.

> **We need to address this issue at multiple levels. 'Sit time' should change to 'fit time', and families as a unit should adopt healthy eating habits**
>
> – Dr Rajath Athreya, Paediatrician

Doctors further noted that the overall impact on BMI and health might impact children's immunity, growth and development, and mental health too. It can lead to a rise in chronic diseases such as diabetes, high blood pressure, poor bone and joint health, immune dysregulation, adult obesity, poor respiratory and cardiovascular health.

Measures such as limiting screen time, avoiding binge eating and unhealthy snacking, and maintaining an ideal sleep cycle alongside more physical activity would go a long way, according to experts, in reducing nutritional imbalances and keeping childhood BMI in the normal range.

"We need to address this issue at multiple levels. 'Sit time' should change to 'fit time', and families as a unit should adopt healthy eating habits. Children should be outdoors playing rather than staying glued to the screen. One hour of vigorous physical activity per day and one hour of strength training per week should be the aim. Snacking, portion sizes, processed food, eating out — all should be worked upon," added Dr Athreya.

Some health experts pointed at factors such as parental stress due to job loss, death of family members and work-from-home shift leading to abnormal BMI in children.

"Recent studies found an association between childhood obesity and parental stress due to job loss, loss of family members due to covid-19 and home isolation. Separation from peers and disruption of normal routine activities due to school closure and social distancing might be some other reasons leading to high or low BMI in children," said Dr S Indu Nair, paediatrician, Kinder Women's Hospital and Fertility Centre.

Experts are of the view that children in the underweight category need medical evaluation; if found healthy, they need additional nutrition.

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Pavement trouble
Richmond Road

The condition of the pavement on Richmond Road, opposite the mosque and in front of the Lightform showroom is pathetic with broken patches on it.

Watch your step
Kammasandra Main Road

The drain on Kammasandra Main Road, Anantha Nagara, Electronic City has been open for the last 15 days.

Is this a bus stop?
Jayanagar

Jayanagar 4th Block Bus Stop (towards Sanjay Gandhi Hospital) has no shelter due to the ongoing construction. They have put construction materials on the footpath and roads forcing commuters to stand on the road and wait for the buses. It is very dangerous for the passengers to stand on the busy road.

Upcoming metro stations to have platform doors

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Bengaluru's metro passengers are in for some good news as the upcoming metro stations will have platform screen doors to reduce accidents.

Yashwant Chavan, Chief PRO, BMRCL, said, "We are planning to come up with platform screen doors for the new metro stations."

The commuters who regularly use the metro for commuting said that they have seen people getting through the doors of the metro several times right before they closed. They said that it is unsafe for everyone.

Sharmila Ghosh, a commuter who regularly uses the MG Road metro station, said, "I have seen several times people running towards the metro station even though they saw the doors of the metro closing. I feel that it is very unsafe for the passenger who is doing this as well as for everyone else who is traveling."

Commuters say such sights are quite common in Majestic metro station. Ashwin Kumar, a frequent user of Majestic Metro, said, Iit is one of the busiest metro stations in the city and people jump in even though there is no space. Just few days ago I have seen a man's bag get stuck in between the gates as he ran in through the doors while it was closing. It is very dangerous, and he could have easily gotten injured if the security officers had not helped him. The incident caused distress to the other passengers also."

The commuters have also noticed that several teenagers have tried to make videos by getting out of the metro and then purposely jumping back in seconds before the door closed.

> **"I have seen teenagers jump out of doors and in again to make videos; it can cause accidents**
>
> —Shivam Agarwal, a regular metro user

Shivam Agarwal, a regular metro user, said that he has seen a few teenagers step out of the train at every stop and then run back inside moments before the gates closed. While one was doing that, the other was taking videos.

The commuters feel that the platform screen doors will prevent such incidents and reduce the risk of injuries. Archana Gowda, another regular metro user, said, "I feel that these doors will prevent the people from jumping in last minute and reduce chances of accidents and injuries. The authorities should also install these doors in the existing metro stations as well."

REMEMBERING APPU

On the first death anniversary of Puneeth Rajkumar, more than one lakh fans visited Kanteerava Studios to pay tributes to their beloved star

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More than one lakh people from different parts of the state and beyond thronged Kanteerava Studios on Saturday to pay floral tributes to the late Power Star.

It has been a year since Puneeth Rajkumar passed away and to mark the occasion of their favourite actor's first death anniversary, fans from different states paid their tributes. Members of Dr Rajkumar's family, including the late actor's wife Ashwini Puneeth Rajkumar, visited his memorial on Saturday morning to offer prayers. Police made elaborate arrangements to avoid any mishaps. Huge cutouts of Puneeth Rajkumar and his parents Dr Rajkumar and Parvathamma Rajkumar were put up at the Kanteerava Studios.

Ashwini became emotional after offering prayers to Puneeth's memorial while brothers and actors Dr Shivarajkumar and Raghavendra Rajkumar sung a few songs at the orchestra organised near Appu's memorial.

The 24-hour orchestra was arranged on Friday night. Kannada playback singers and music directors, including Sadhu Kokila and Gurukiran participated in the music programme.

Volunteers also made arrangements to distribute food to the people visiting the memorial throughout the day. Meanwhile, Dr Shivarajkumar, accompanied by his wife Geetha, paid a courtesy visit to Chief Minister Basavaraj Bommai at the latter's Race Course residence. Chief Minister's Principal Secretary N Manjunath Prasad was present on the occasion.

Meanwhile, arrangements were made at Raghavendra Rajkumar and Puneeth Rajkumar residences to provide lunch for prominent personalities. Some people from North Karnataka were seen waiting at Sadashivanagar to get a glimpse of Ashwini.

"We wanted the police to allow us to go near Appu's residence but in vain. I hope to see Ashwini from a distance. I am a hardcore fan of Puneeth Rajkumar,'' said Manjunath who came from Raichur.

Many residents made arrangements at different locations across the city to pay tributes to Puneeth Rajkumar. They decorated Puneeth's photos with flowers and garlands and also distributed food to passers-by.

Some of Puneeth's fans organised functions a few days ago. The Bharathinagar Residents' Forum organised a function to pay floral tributes to Puneeth Rajkumar and distributed 200 blankets to pourakarmikas and senior citizens. Dr Rajkumar's son-in-law SA Govindraj, daughters Lakshmi Govindaraj and Poornima Ramkumar also attended the function held at Cox Town.

> **"Huge cutouts of Puneeth Rajkumar and his parents Dr Rajkumar & Parvathamma Rajkumar were put up for the occasion**

Cutouts of Appu were put up and prayers offered; fans were seen waiting for hours in line

Gifting bribes: CM's media advisor in soup

An anti-corruption activist group, Janaadhikaara Sangharsha Parishath, filed a complaint with Karnataka Lokayukta against Karnataka Chief Minister Basavaraj Bommai's media adviser for allegedly attempting to bribe journalists "in disguise of a Deepawali gift".

The complainant demanded the ADGP of Karnataka Lokayukta Police investigate the matter of an alleged cash gift given to journalists, editors and reporters of several news channels and papers.

According to the complaint, CM Bommai, through his media advisor, Shankar Pagoji, tried to bribe journalists recently.

"... complaint submitted to ADGP, Karnataka Lokayukta Police, Bengaluru against the Chief Minister of Karnataka for payment of bribes to chief reporters of several media houses in disguise of Deepawali gifts, through his media coordinator Shankar Pagoji for Criminal Offence of Prevention of Corruption Act, 1088, Prevention of Corruption (Amendment) Act, 2018 and relevant provisions of any other law," stated the complaint.

> **The complaint said that CM Basavaraj Bommai, through his media advisor, Shankar Pagoji, tried to bribe journalists recently**

Meanwhile, the Congress on Friday demanded a judicial probe into the alleged cash gift case.

The Karnataka Pradesh Congress Committee (KPCC) in its official Twitter handle questioned the source of the "money" being misused by the government.

The Congress, in September, launched the 'PayCM' campaign accusing the BJP of corruption in the state.

"We did not simply campaign against Bommai as PayCM. This government is receiving bribes, and giving bribes," claimed the KPCC in another tweet.

Other Congress leaders, including Jairam Ramesh and Randeep Singh Surjewala also demanded an explanation on the alleged journalist bribing matter. — ANI

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MEDICAL

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WORK FROM HOME

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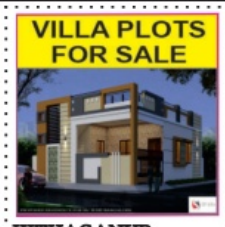

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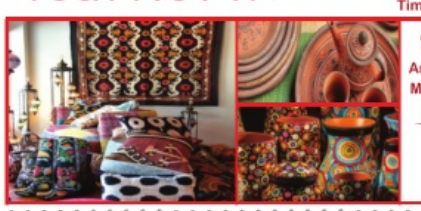

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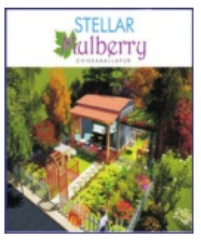

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personal

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I, REKHA BHASKER W/o BHASKAR H.D. , R/o, NO 19,8TH CROSS,CUBBONPET, Bengaluru 560002.have Changed My Name To REKHA BHASKAR For All Purposes.

I, Venkatesha R S/o Rajanna. R/o Flat No G7 Thirumala Facing Apts Akshay Nagar #61/12/3 Yelenahalli Main Road B'lore-560068 have changed my name to Venkatesh R for all purposes.

I, Lakshmi Ashok Kumar w/o Ashok Kumar A V. R/o #281 Karumariyamma Temple Road Whitefield Post B'lore-560066 have changed my name to Lakshmi V Ashok for all purposes.

I, Anisa Begum Mohammed Javeed W/o Syed Akhter R/o #306 ,4th Floor, Collindehaz Appt ,Singasandra Chikka ,B'luru-560068 have changed my name to Anisa Begum for all purposes.

I, JUI ADVANI, R/a. B-206 , Purva Skywood , Silver Country Road Harlur B'lore-560102, have changed my name to JUUI ADVANNI vide affidavit dated 29.03.2018 before Notary B.M.Chandrashekar

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THE SUNDAY READ

PICS: KAUSHIK JN

Jai Bunbi finds it difficult to make ends meet as there is no earning member in her family and she depends on ration

Living on the edge

Members of Siddi community live in oblivion and fear as many do not have papers for their land

Kaushik JN
@timesgroup.com

TWEETS @BangaloreMIRROR

Things have gotten tougher for Jai Bunbi, a 50-year-old woman who stays in Kirwatti village, Yellapur Taluk with her family. Ever since the government reduced the quantity of ration from 10 kg to 5 kg, she has been struggling to make ends meet.

What makes her problem more grave is that Jai Bunbi lives in a remote forested area, and issues from there do not catch anyone's attention.

Bunbi belongs to the 15,000-strong Siddi community who live in Uttara Kannada district. Members of the community reside majorly in Mundgod, Yellapur, Haliyal and Ankola.

"It has been very difficult for me to run the family after the government reduced the ration. We met the panchayat representatives also, but nothing has worked so far. Many people from our community who reside in the town are sorted, but nobody helps us out because we stay in a forest which is far from town," she told us.

She lives here with her daughter. "My husband and son-in-law passed away some years ago. We survive on the little money we had saved up as there is a working individual in my house," she added.

Siddis are believed to be the descendants of the Bantu people from southeastern and central Africa.

It is believed that back in seventh century, Africans were brought as slaves into India by the Arabs and later by the Portuguese and British. Later some of them migrated as merchants.

Members of the community practise traditions of Christianity, Hindusim and Islam.

Over the years, many have moved back into remote areas to avoid conflicts.

Santhosh Yeshwanth Siddi, a 38-year-old also lives in Kirwatti village with his wife Reshma Santhosh Siddi and four children. "I am a farmer with five acres of land that I inherited from my father. We grow wheat. My children are studying in different schools," he said.

For Santhosh, the biggest worry is they can be ousted from their place any day. "I am afraid that any day anyone can come and evacuate us. We do not have papers for the land we are living on and the agricultural land we are working and earning from," he said.

Sheriff Mujawar, a 48-year-old farmer from Nandikatta village in Mundgod Taluk told this correspondent that survival is becoming increasingly difficult due to the worry of not having property papers. "We have been planning to meet the officials and share our problems. We want the government to allot us the land on which we are living now, before we get kicked out," he said.

Mohammed Umarsab, a 33-year-old farmer has taken a more stoic approach. What he and his generation could not get, he hopes the children will get. "We want our children to study. I do not want them to become like us. We are working very hard and sending our children to schools. Around 90% of the children are going to schools."

> **"We have been planning to meet the officials. We want the government to allot us the land on which we are living now, before we get kicked out**
> – Sheriff Mujawar, farmer

According to him, though their names are in Aadhar and voter ID cards, they are mostly forgotten, till it is election time. "We need help from the government. Many from our community who are living in the taluk have facilities -- they work in hotels, garages, and many other businesses, but we are just stuck here in the forest." He also says that existence is precarious. "We do not have money to go to Bengaluru and protest also. We have got electricity and water supply from the panchayat but nothing is in our name," he said.

Bhaskar Siddi, PA of Yellapur MLC Shantaram Budna Siddi, who is the first in the community to get a degree and nominated BJP MLC in Karnataka) told BM the government has given all the facilities. " We have given them all facilities. We will look deeper and solve their issues soon. Many have the properties in their own name, some might have left out which we will resolve at the earliest," he said.

Clockwise from top: Reshma Santhosh Siddi outside her home; Santhosh with his daughter; children pose for a photo

Click baited: Crooks, line and sinker

CONTINUED FROM PAGE 1

beneficiaries would 'receive cheques from Dr Shivarajkumar'. It further noted that a free bus facility would be arranged from Majestic bus station to Bangalore Palace Grounds at 10:00 am on October 29 and food would be distributed to 10 lakh people on the occasion — not only Shivarajkumar, but his family members as well, Chief Minister Basavaraj Bommai and the director of Sardar Vallabhbhai Patel Minorities Organisation, Ahmedabad, would grace the function. The other intriguing aspect of the WhatsApp message was that the aforesaid Sardar Vallabhbhai Patel Minorities Organisation, Ahmedabad, would be opening its branch in Bengaluru shortly.

Gopal Hanumanth Ranabgola lamented about not only losing money to fraudsters but also wasting time and money to come all the way to Bengaluru. "I paid Rs 1,400 towards the 'processing fee'. I wanted to rear sheep with the loan amount but was shocked after coming to know that I was cheated," Ranabgola told BM.

According to Shashikumar from Sirgur, Bidar district, many people paid the processing fee of Rs 1,400 by believing the message on WhatsApp groups. "I paid the processing fee in two installments. They asked us to send money through Google Pay. Now, no one is responding to our phone calls," said Shashikumar.

He said the message claimed that beneficiaries would get Rs 10 lakh subsidy and charged only one percent interest for the remaining Rs 10 lakh which would be repaid in five years.

"All of us spent Rs 2,500 to come to Bengaluru on Friday evening. We waited for the free bus facility on Saturday morning but in vain. We visited Bangalore Palace Ground where the function was to be held but found not a single soul at the place. Now, we have come to Sadashivanagar to complain to Dr Rajkumar's family," he said.

The WhatsApp message had two contact numbers – 6364185257 and 9916188025 – 'for more details'. However, it was found that the first number was switched off and the second was disconnected temporarily.

Meanwhile, NS Rajkumar, a friend of late Puneeth Rajkumar, expressed shock over the blatant cheating of gullible people in the name of Puneeth Rajkumar's first death anniversary. "I want people to verify with Sri Vajreshwari Combines or with me before paying money to the fraudsters. Cheating of people in north Karnataka is quite shocking and disturbing," said Rajkumar.

Gopal Ranabgola and others at Sadashivanagar and the poster (right)

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Brookfield : 10.20am, 3.40 & 10.00 pm | Garuda Mall - Magrath Road : 10.45 am, 12.35, 4.10, 7.10 & 10.00 pm | Mantri Square Mall : 10.15 am, 1.40, 4.10, 7.10 & 10.25 pm | Central Mall - JP Nagar : 9.55 am, 4.15, 6.40 & 9.50 pm | Forum Neighbourhood Mall : 10.15 am, 1.20, 3.30, 6.30 & 10.00 pm | Value Mall [Whitefield], Lido - Ulsoor : 10.25 am, 4.00, 7.00 & 10.00 pm | Central Mall - Manipal : 10.35 am, 2.35 & 10.20 pm | RMZ Mall - Yalahanka : 10.10 am, 1.10, 7.00 & 10.00 pm | SBR Horizon : 9.45 am, 12.40, 4.35, 7.00 & 10.00 pm | S Mall - Tumkur : 9.25 am, 1.20, 7.10 & 10.00 pm | Sathyam - Mysuru : 10.25 am, 4.35 & 10.10 pm | Swagath Mall : 10.45 am, 1.45 & 7.20 pm | Garuda - Yalahanka : 9.55 am, 4.25 & 10.00 pm.

GOPALAN CINEMAS
Innovation Mall - Bannerghattha Road : 10.00 am, 7.00 & 9.00 pm. | Signature : 11.00 am & 4.30 pm | Grand Mall - C V Raman Nagar : 10.15 am,1.30 & 7.00 pm | ARCH Mall : 10.00 pm | Legacy Mall : 10.15 am, 6.30 & 9.30 pm

Bharath Cinemas
Mangalore : 12.00 noon, 4.30 & 7.45 pm | Kundapura : 10.45 am, 7.30 & 10.15 pm | Manipal : 9.30 am, 12.45, 5.30 & 10.00 pm | Shimoga : 10.45 am, 7.30 & 10.15 pm.

MUKTA CINEMAS A2 Uttarahalli 7.00 & 10.00 pm. | **INNOVATIVE** Outer Ring Road : 11.30 am, 1.00, 6.50 & 9.40 pm | **ROCKLINE CINEMAS** ABHINAY KG Road : 4.30, 7.30 & 10.00 pm | ANAND Tannary Road : 11.00 am, 3.00, 7.00 & 10.00 pm | ANJAN Magadi Road : 7.00 & 10.00 pm.

ASHIRVAD [Uduppi : 10.30 am, 1.30, 4.30 & 10.00 pm.] BALAJI [Chikalsandara : 1.00 & 6.50 pm.] BALAJI [Mysuru : 10.30 am, 1.30, 4.30 & 10.00 pm], VISION [Mysore : 11.00 am, 3.00 & 10.00 pm.] BASAVESHWARA [Citradurga : 10.30 am, 1.30, 4.30 & 10.00 pm.], CINE GALAXY [Soorathkal : 11.30 am & 7.00 pm.], SWAGATH POORNIMA [Abhishek Sood : 4.00 & 10.00 pm], SWAGATH SHANKARNAG [MG Road : 4.00 & 10.00 pm], KINO [Seegehalli Road : 10.00 am, 4.00 & 10.00 pm], DRC CINEMA [Mysuru : 7.00 & 10.00 pm], EASHWARI [Katrigupe : 7.00 & 10.00 pm], VISION [Mysuru], MOVIE TIME [Devangere : 7.00 & 10.00 pm], MURLI [Gokula : 11.00 am & 7.00 pm], NANDA [Mandya : 11.00 am, 3.00, 7.00 & 10.00 pm], PRITVI [Hassan : 11.00 am, 3.00, 7.00 & 10.00 pm], RAGAVENDRA [Bellary : 11.00 am, 2.00, 5.00 & 8.00 pm], RR [Bellary : 11.00 am, 3.00, 7.00 & 10.00 pm], SRINIVASA [SG Palaya : 1.00 & 4.00 pm], TRISHUL [Davangere : 11.00 am, 3.00, 7.00 & 10.00 pm], VINAYAKA [DJ Halli : 7.00 & 10.00 pm], MANJUNATHA [Shimoga : 11.00 am, 3.00, 7.00 & 10.00 pm], MEERALAM [Hospet : 11.00 am, 3.00, 7.00 & 10.00 pm], LAKSHMI [Bengaluru : 7.00 & 10.00 pm], LAKSHMI [Shimoga : 6.00 & 9.00 pm], BIG CINEMAS [Mangalore : 12.00 noon, 4.30 & & 7.45 pm] and other cinemas.

PARAS

Jr NTR, Rajinikanth to grace Nov 1 award event

Tamil superstar Rajinikanth and renowned Telugu actor Junior NTR will participate in the function where the 'Karnataka Rathna' award will be conferred posthumously on late Kannada film actor Puneeth Rajkumar on November 1, state Revenue Minister R Ashoka said on Saturday.

Addressing reporters, Ashoka said Chief Minister Basavaraj Bommai wanted to make the Karnataka Rathna, which is the state's highest civilian award, a memorable one this year. Accordingly, efforts were over the past 10 days, he said, adding that Rajinikanth has agreed to participate in the event.

"Earlier, Rajinikanth was not willing (to attend the event) but two days ago, he gave his consent. He is from Karnataka. He was born and grew up here and worked as the Bangalore Transport Service bus conductor here. Today, he is recognised worldwide as a great actor," Ashoka said.

"Similarly, Junior NTR has also agreed to participate. He too talks Kannada because his mother is a Kannadiga," he explained.

He added that the Karnataka Rathna award will be bestowed on Puneeth Rajkumar on November 1 at 4 pm. The event will take place on the steps of Vidhana Soudha where noted playback singer Vijay Prakash and his team will perform, Ashoka said adding that nearly 5,000 passes will be issued. **PTI**

BAYVIEW PROJECTS
ZEE STUDIOS & BAYVIEW PROJECTS PRESENT
ZEE STUDIOS
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BONEY KAPOOR'S
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PVR | INOX | CINEPOLIS
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DIRECTOR MATHUKUTTY XAVIER PRODUCER ZEE STUDIOS & BAYVIEW PROJECTS MUSIC A R RAHMAN LYRICS JAVED AKHTAR

PARAS

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BENGALURU SPEAKS

and gets heard on this page

STORYBEHINDTHEPHOTO

BIG CAT'S WALK

This picture is of a tigress known as Backwater Queen, taken in the Kabini Forest Reserve. She was walking back to her four cubs hiding in the bushes.

The picture was clicked by BM reader **Bhavana Suresh**

If you have a picture and a story to share, send us the picture with your name and number at **mybangaloremirror@timesgroup.com**

Underpass work, in progress for 3 years

HAL junction's underpass construction has made endless traffic jams everyday affair; commuters complain rains make it worse

Shreyashi Mukherjee
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On a weekday, HAL junction is one of the busiest points in the city. The ongoing construction of the underpass at the junction has resulted in vehicles being stuck in traffic and rains make the situation worse.

The construction started three years ago and the work has still not been completed. Govindh Nayak, a commuter, said, "Every day we get stuck in the traffic jam at HAL junction for more than 40 minutes. The work has been going on for three years now, and still, there is no progress."

The recent rains have increased their plight. Rajvir Sudhakar, another commuter, said that during the heavy rains a few days ago, there was utter chaos. Water was everywhere and there was no place for vehicles to cross the stretch. "On normal days, we get stuck in this junction almost for hours, with the rains, the waiting time increases. The situation is deplorable."

They added that despite the numerous requests, no action has been taken to finish the work soon. Ashish Krishnan, another commuter, added: "We have made a lot of requests to the authorities but the work has not progressed. The authorities should take the situation into consideration and finish the work soon to solve the problem of the daily commuters."

Some of the commuters have also come up with the suggestion of making the left side of the HAL gate motorable for vehicles that are of less weight as it would help reduce the traffic congestion on the other side of the main road.

An underpass is being constructed at the HAL junction

Akash M, another commuter, added that if they made the left side of the HAL gate usable for commuters, it would help them all as they will not be stuck for hours on the main road. If the lightweight vehicles are using the left side, then the traffic congestion will reduce significantly. We will not have to commute through the heavy traffic every day."

Mirror tried to reach the BBMP official of the area. However, his phone remained unreachable.

DID YOU KNOW?

The Turahalli Forest, located off Kanakapura Road, offers a unique experience of those looking for greenery in the city. It is a very popular spot for cyclists and boasts of a large number of flora and fauna. The majority of trees are eucalyptus. During August, the orchids (Habenaria roxburghii) bloom, giving a brilliant white colour to contrast the green of the forest. Many animals can be spotted, including spotted deer, wild boar, hares, jackals, lizards, mongooses, etc. Turahalli is also famous for its bird population, which includes rare jungle birds like Eagle-owl, Sirkeer malkoha, common flameback woodpecker, and blue rock thrush.

GET HEARD WITH MIRROR

9591233247

Let's see how much you know about Namma Bengaluru, folks. Tell us something incredible and mind-boggling about this beautiful city and our editors and researchers will check it out. If it's credible, we'll give it a shout-out, with your name and picture.

TAPTHECHATTER

where Bengalureans speak their mind

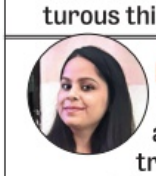
Tell us about your most memorable trip this year in post covid era

Bandita KH, Author
I had a gala time in Chikkamagalur after the pandemic. The Mullayanagiri peak, the picturesque Siri Cafe, the splendid beauty of nature, coffee plantations en route the peak, mesmerised me.

Ashutosh Tomar,
Business Analyst
In January, my friends and I finally went to Mussoorie after planning for the trip for the past nine months, and saw snowfall for the first time in my life. It was more than just a memorable trip.

Rakshita Kumar,
Quality check expert
I took a trip to Goa this October with my friends as it was my birthday. Post covid, this was my first trip and it was a blast. It was memorable as I met my friends after a long time and had a great time.

Aditya Kangokar,
IT professional
Ten friends, 10 bikes and ahead lies the highest motorable peak in the world... Ladakh! The skies, the Himalayas, Pangong lake... it was by far the most adventurous thing I've done.



Mansi Shukla, BM Reader
I went to Uttarakhand in January and that has been my favourite trip so far. I have a special place for mountains in my heart and Uttarakhand is a place that feels like a warm embrace. It is beautiful and enchanting in its own unique way. I have lived in mountains before but these had a serenity like no other.

Preetpal Singh Bhatia,
IT employee
I went to Pondicherry during Deepawali and it was so much fun! I had seen the beaches when I was little and had little memory of them. The French architecture, the beaches, the local markets and most of all the simple living style of people is what I loved the most about the place.

SPEAK TO US

What is the one thing that is quintessentially Bengaluru?
If you want to be featured in this section, mail us your answer to this question, in 25 words, with 'Tap The Chatter' in the subject line. Mail us with your name, occupation & a picture at mybangaloremirror@timesgroup.com or WhatsApp us on 9591233247

Mysuru: Land of crumbling heritage buildings

Mysuru, also known as the heritage capital of Karnataka is facing a crisis with its heritage buildings. Most of the buildings are on the verge of collapse due to a lack of maintenance. There are 131 officially recognized heritage buildings and among these 25 buildings are in a 'shaky' state.

Overall, there are 234 heritage buildings, 100 of which are more than a century old. The experts have urged the government to take up emergency repairs for the crumbling 25 buildings but have not received any heed from the government.

In the recent past, the compound wall, and laboratory building of Maharani's Science College collapsed due to recent rainfall. Lansdowne Building, Devaraja Market, Saraswathipuram Fire Station, Jayalakshmi Vilas Palace's terrace, and Vani Vilas Market's terrace are some of the buildings that have also collapsed.

Inactive heritage cell

When P Manivannan was Commissioner for Mysuru City Corporation, he started a "Heritage Cell" for protecting heritage buildings. This cell is inactive and closed due to a lack of activities.

Heritage expert Prof. Rangaraju said, "The heritage buildings are built using bricks, lime, mud, and stones. During rain, the buildings collect water and also grow plants on the buildings. This makes the building collapse. Even if cement is covered, it will lead to cracks."

He urged the government to reserve Rs 500 crore a year to protect heritage buildings in Mysuru. Jayalakshmi Vilas Palace, Big Clock Tower, KR Hospital, DC Office, Sanskrit School, Government Guest House, Mysore Medical College building, CADA building, old CAVA buildings are said to be in danger.

Out of the 131 officially recognised heritage buildings in Mysuru, 25 are in miserable condition

Survey of buildings

The Sub-committee of heritage experts started a survey on the state of 131 heritage buildings in the city.

In the first stage, experts and engineers surveyed 25 buildings. Two months ago, the then DC Bagadi Gautham conducted a meeting with the experts of heritage experts and officials of the archaeology department instructing them to conduct the survey.

The survey was delayed due to the Dasara festivities. The heritage buildings are Heritage Bye-laws that must be identified as grade-1, 2, 3. Earlier, these buildings were identified as A, B, C, and D. Now the buildings are categorized on the basis of their architecture and their condition.

The Deputy Director of the Department of Archeology Museums and Heritage Manjula CN said, "We are conducting a survey for 15 days. We will issue grading to the buildings and the report will be submitted to the heritage committee. Afterwards, the next course of action will be decided."

Mysuru Mayor Shivakumar said, "We will soon convene a meeting with DC and heritage experts. We will renovate the buildings which are on the verge of collapsing".

—Prakash VL

Rich Betway Mysore Derby attracts cream

Railbirds predict attendance on D-day to be high; nine top colts all set to enter the hall of fame

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Pramoda Devi Wadiyar and Rohan Gupta, CEO Sports Ex (right) present the betway Mysore Derby Trophy to MRC chairman Y B Ganesh

Big bash, big stakes and big prizes on offer. So get on the high horse and work out the many permutations and combinations to crack the jackpot on Derby day. The blue riband of the season, the betway Mysore Derby has attracted nine top colts ready to enter the Hall Of Fame. And most leading professionals made no secret of their opinion that the mega event will produce a classic finish, taking into account that the star performers are raring to go in their effort to land the Derby riches, 54 lakh stakes on offer to the winner.

After Pramoda Devi Wadiyar unveiled the betway Mysore Derby Trophy, the top event generated maximum interest among racing buffs. The railbirds satisfied with the Derby weekend card revealed that the buzz is big and attendance on D-day will be at a record high.

The management committee of the Mysore Race Club (MRC) spearheaded by chairman YB Ganesh has left no stone unturned in their endeavour to scale a new high and all leading professionals are satisfied with the ship-shape condition of the track and the facilities provided by the hosts promised to produce their best in an effort to provide a silver lining to the most glamorous and rich racing event in the royal city.

"We offered good stakes and a competitive environment. And we are pleased that our royal event has attracted the cream," said Ganesh, while pointing out that the Derby weekend carnival is certain to provide a lyrical ring. The Chairman disclosed that apart from the prize money offered to the winning horse owners, MRC has designed a contest of skill for the punters. The winner of the contest of skill will walk away with a Renault Kwid car and the three-second prize winners will drive home Bajaj Planita motor-bikes disclosed Ganesh.

"We offered good stakes. We are pleased that our royal event has attracted the cream –YB Ganesh, MRC Chairman

Well in the big event, Once You Go Black from leading Chennai trainer James McKeown's yard and the Hyderabad Deccan Derby winner Salento from the stables of Bengaluru-based Arjun Manglorkar hold the edge in what on the cards promises to be an intense struggle for supremacy. The former in his last start in the 2000 Guineas at this centre finished second behind Ravishing Form and taking into account that this top colt was finishing on strongly over the mile-long trip, the McKeown ward will love to parade his skills over the extended 2000 metres Derby distance. Top `Knight' Suraj Narredu who partnered with him in his last essay will again guide the fortunes of the favourite and it is needless to mention that Suraj is confident that his mount will produce his best in his effort to wear the coveted Derby sash.

On the strength of his top-draw effort in the hands of Antony Raj in the Deccan Derby, Salento is a worthy frontline looking to register his second straight Derby success. The bred-in-purple colt from the famed Usha Stud Farm maintains form and fitness and is the horse to beat in the showdown at sundown on Super Sunday. Arjun Manglorkar pleased with the progress of Salento, is confident that his trainee will test the best. The Irfan Ghatala schooled Sucre, who failed to display his true potential in the 2000 Guineas, finishing down the field appears to have improved and is the `Joker' in the pack. The classic hopeful to be piloted by leading pro-Pradeep Chouhan has impressed most in the morning trials and his brilliant final preparatory gallop suggests that he can upset the apple cart of the top two fancies.

So all said and done the stage is set for the best horse on the show to gallop to fame on D-day.

Once You Go Black fancied to wear Derby sash

Ikram Khan
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The punters fancy him. The bookmakers favour him. And the racing pundits swear by him. Once You Go Black from trainer James Mckeown's yard to be piloted by leading pro Suraj Narredu is the overwhelming favourite to win the betway Mysore Derby. The top colt looking to register his maiden classic success is in good heart as evident from his pleasing performances on the trial track and the fact that he has been a model of consistency, winning thrice and twice second from his five career starts.

The main threat to Once You Go Black will emanate from Arjun Manglorkar schooled Salento and Sucre from Irfan Ghatala's yard. The former holds a cutting-edge and is set to run Once You Go Black close in what on cards promises to be a humdinger.

Hot tips for races on Derby day

1. **Delhi Race Club Trophy (Div-II) 1200M: Regal Force 1, Chain Of Thoughts 2, Power Port 3.**
2. **Delhi Race Club Trophy (Div-I) 1200M: News Maker 1, Dawn Rising 2, Able One 3.**
3. **Madras Race Club Trophy (Div-I) 1400M: Serdar 1, The King N I 2, Tough Cookie 3.**
4. **RWITC Trophy 1200M: Golden Vision 1, Lord Commander 2, Mystic Eye 3.**
5. **Hyderabad Race Club Trophy 1400M: Evaldo 1, Caracas 2, Peyo 3.**
6. **Bangalore Turf Club Trophy 1200M: Golden Oaks 1, Golden Guest 2, The Sovereign Orb 3.**
7. **Betway Mysore Derby 2000M: Once You Go Black 1, Salento 2, Prague 3.**
8. **Royal Calcutta Turf Club Trophy 1400M: Kings Speech 1, California Gold 2, Gemini 3.**
9. **Madras Race Club Trophy (Div-II) 1400M: Klimt 1, Gods Power 2, War Trail 3.**

Day's Best: Evaldo.

Brim it on!

Four key reservoirs in state are filled up, so hope's afloat for Arkavathi

Manchanabele

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Arkavathi was once a key reservoir for Bengaluru, but it has been dry for long now. However, this year, there is hope that Arkavathi can be revived as four key reservoirs across this river have reached the near brim level.

The Arkavathi river that takes birth in the Nandi Hill ranges is first blocked near Hesaraghatta, then at Thippagondanahalli, Manchanabele and Harobele. Barring Hesaraghatta, the other three are overflowing this time.

HESARAGHATTA

The Hesaraghatta lake, one of the largest in the city, had not seen much water for the last three to four decades. Now, it is brimming and may even overflow if there is more rain soon. As of now, Hesaraghatta lake has 69 feet of water and it will overflow if it reaches the maximum level of 71 feet. Experts predict the lake may overflow this year, a first after 38 years, due to heavy rainfall in the catchment areas. The two main sources of water for the lake are the series of lakes on the Arkavathi river basin starting from Nandi hills (around 184 lakes). Most of them are filled up and the water is flowing to Hesaraghatta lake. The second major source lake is the overflowing water from Chikkamadure lake. The Chikkamadure lake had not seen water for the last two decades. After a gap of 22 years, the lake is overflowing.

FROM MG RD-32 KM

How to reach: Either take the Nelamangala-Hesaraghatta road or Jalahalli-MS palya road

Ample parking space available. There are a number of eateries with mushroom delicacies.

THIPPAGONDANAHALLI

The Chamaraja Sagar Reservoir at Thippagondanahalli, was once the lifeline of Namma Bengaluru and it has been in news for the last few decades for its lowest storage level. Surprisingly, this year, the reservoir reached its brim creating a record of sorts. Currently, the water at TG Halli has reached 74 feet with a storage capacity of 3.345 TMC. The reservoir had reached 67 feet in 2017 which was the maximum in recent times.

Hesaraghatta

Thippagondanahalli

Harobele

Many of the reservoirs have been dry for years together

FROM MG ROAD-42 KM

Public is not allowed to enter the reservoir without prior permission from BWSSB. But, many head to the backwaters or to get a glimpse from the Magadi road.

MANCHANABELE

Manchanabele waters provide a scene of relief for the eyes so clogged with pollution, chaos of the city. The hillock around the reservoir stands guard like waiting to be explored. From Manchanabele, one can have a panoramic view of Savandurga. From here, one can also head to Savandurga as well as Dodda Alada Mara (Big Banyan Tree).

DISTANCE-44 km

There are two routes to reach Manchanabele. If you are travelling via Magadi road, take a left deviation from Tavarekere which takes you to Manchanabele reservoir via Chandrappa circle. Or alternatively, you can also hit Mysore road, take a right turn after Kengeri towards Big Banyan tree. After crossing the Big Banyan tree, head to Manchanabele via Chandrappa circle. The road is fairly ok till the reservoir and is accessible by car.

HAROBELE

Harobele is among the lesser known reservoirs. Thanks to that, it is still pristine. Though reservoir work started in the 1980s, it was completed only a few years ago due to red tapism and fund crunch. However, the reservoir is now playing a major role in mitigating the needs of Kanakapura taluk which is often considered as a drought prone taluk.

DISTANCE-77 KM

How to reach: Head to Kankapura. At this town, take a road to Kodihalli. At Kodihalli circle, take a road to Harobele village and then to the reservoir. The approximate distance from the city is 85 km. There are buses till Kodihalli from the city. From Kodihalli, one can hire local autos. The road is in fairly good condition till Harobele from where there is a muddy surface leading to the reservoir. The reservoir is maintained by Cauvery Neeravari Nigam so prior permission is necessary to get in. As it is a secluded place, do not venture too deep.

KRS fills up again

Due to copious inflows, the Krishna Raja Sagar (KRS) reservoir in Mandya district has filled up once again in a gap of three years. There have been years when the reservoir had never filled up due to poor rainfall. However, this year, the reservoir has filled up two times which is a record in itself. The KRS had reached the brim level on July 20 this year. The inflows had decreased later and now with increased inflows, the reservoir has once again reached the brim level on October 18. According to authorities, the water level has been at the maximum for the last three months.

Employees not forced to resign, claims BYJU's

Amid reports of forcing its employees to resign, edtech major BYJU's said on Saturday that it is not forcing its staff in Karnataka or elsewhere to resign or face terminations, and the whole exercise is part of the 5 per cent reduction in its 50,000-strong workforce as announced earlier.

Earlier this month, BYJU's had announced to reduce 5 per cent of its 50,000-strong workforce (about 2,500 people), which will be "rationalised across product, content, media, and technology teams in a phased manner" in a bid to consolidate its India business.

The Karnataka State IT/ITeS Employees Union (KITU) has claimed that BYJU's, after Thiruvananthapuram in Kerala, is now forcing employees to resign at its Bengaluru headquarters.

"It is absolutely false that BYJU's is forcing employees to resign. BYJU's is a responsible organisation and follows all the laws of the land. BYJU'S employs nearly 50,000 people across India. Around 5 per cent, or 2,500, of these positions are being rationalised as part of the current strategic plan to grow profitably and sustainably," the edtech unicorn told IANS.

The company also said that each employee affected by the restructuring is being informed individually.

"BYJU'S is providing all of them a progressive exit package, including extended family health insurance benefits, outplacement services, fast-track full-and-final settlement on demand and the provision of 'garden leave', where they can look for jobs while on BYJU'S payroll," a company spokesperson said.

BYJU's says process is part of 5% reduction in its 50,000-strong workforce

Earlier, the edtech unicorn had decided to shut operations at the Technopark campus in Thiruvananthapuram following which the employees approached the state labour department.

Around 140 employees from the 170-strong workforce at Technopark have been asked to leave. BYJY's has nearly 3,000 employees in Kerala.

The company said it will be strengthening its presence in the state going forward.

"All these employees will also be offered an assured path to return to BYJU's in case they are unable to find a job in the next 12 months," it added.

The company said that in an ongoing organisational restructuring for profitable growth, "BYJU'S is making every attempt to offer relevant relocation opportunities to the affected employees".

"In this regard, while we are discontinuing part of our Thiruvananthapuram operations to reduce redundancy, we are also offering the entire team at Technopark an opportunity to relocate to Bengaluru," it added.

BYJU'S also said that it will add three more offices in the state in the present financial year, taking the total number to 14 besides increasing the number of employees in Kerala from 3,000 to nearly 3,600. -IANS

HEALTH TIP: Leafy green vegetables like spinach and kale are excellent sources of nutrients

Popcorn is high in carbs and fibre which can make it very satisfying and a good option for an energy-boosting snack

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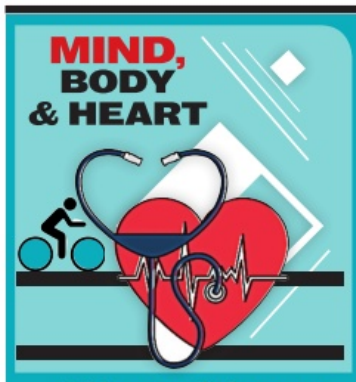


All problems solved

Dear Coleen

Our 11-year-old daughter started high school in September and it's as if she's changed into someone else entirely. She's started swearing a lot, talking back and not doing anything we ask her to do.
She won't go to bed on time and she won't get off her phone or iPad when I ask her to. I'm at my wits' end with it because nothing I say or do makes any difference. If I take away her devices, she just sulks in her room and refuses to talk to us. I eventually give them back because it's the only way to get her to do anything. My husband and I have started to argue over it, too - I have a go at him for giving in to her too easily and he thinks I need to choose my battles and not nag her about everything. Is this normal at 11? I thought we were at least a couple of years away from teenage battles.

COLEEN SAYS

Oh no, I think when they go to 'big school', as we used to call it, all of a sudden they think they know it all and can do exactly what they want. Look, she's pushing boundaries and testing you to see how far she can go.
First of all, if she sulks, don't give the devices back, even if it takes weeks for her to recognise where she's going wrong. You have to be tough but, equally, remain calm without shouting and screaming.
She has to accept the house rules and that treating each other with respect is at the top of the list. Also, invite her to tell you how she feels. If she has a go at you, you can say you're sorry she feels that way, but the reason you're being tough is because you love her. But stop arguing with your hubby over it, especially in front of your daughter. You have to agree on a strategy together and stick to it. Finally, check in with her school. Make sure there's nothing going on to make her feel stressed.
—Coleen Nolan, Daily Mirror

REGIONAL SPECIALS

Kannada Rajyotsava is round the corner and these dishes from different parts of the state celebrate Karnataka's greatly diverse food culture

MENTHYA SOPPINA PAPPU

From the Hyderabad Karnataka region, this dish comprising fresh methi with toor dal tempered with garlic and Byadgi chillies makes it a comfort food

INGREDIENTS

- Toor Dal: 300g
- Onion: 120g
- Tomatoes: 90g
- Green Chilli: 5g
- Menthya Leaves: 150g
- Water: 800ml
- Turmeric powder: 13g
- Salt: 18g
- Tamarind pulp: 40g
- Garlic: 25g
- Coriander leaves: 10g
- Mustard seed: 1g
- Cumin seeds: 2g
- Ghee: 50g
- Sunflower Oil: 50g
- Curry Leaves: 2g
- Red Chilli: 2g

Prep Time: 20 mins
Cooking Time: 20
Serves 3

METHOD

- Slice the onion. Chop the tomatoes. Clean the Menthya leaves. Chop 15g of garlic and smash 10g of garlic with peel. Chop coriander leaves. Add all the ingredients in a pressure cooker. Pressure-cook it for 3 whistles.
- Once the pressure goes off, open the cooker and using a whisk, mix well the ingredients.

For the tadka

- Heat oil and ghee in a kadai. Add mustard seeds, add cumin seeds, garlic, red chilli and curry leaves. Sauté for 2 minutes.

KORI CURRY

A very popular dish from coastal Karnataka. Homestyle Mangalorean chicken curry cooked with coconut milk and spices.

INGREDIENTS

- Chicken pieces: 1kg
- Sunflower oil: 250
- Mustard seeds: 6g
- Curry leaves: 3g
- Garlic cloves: 20g
- Bay Leaf: 1
- Onion: 375gm
- Tomato: 250gm
- Kashmiri chili powder: 4g
- Turmeric powder: 4g
- Kori curry paste: 300g
- Water: 150ml
- Coconut milk: 600ml
- Lemon juice:2 teaspoon
- Salt: to taste

Kori curry masala powder

- Byadagi chilli: 150g
- Coriander seeds: 250g
- Jeera: 75g
- Saunf: 75g
- Peeled garlic cloves: 50g
- Curry leaves: 25g
- Poppy seeds: 75g
- Black pepper corn: 50g

Kori curry paste

- Sunflower oil: 50ml
- Sliced onion: 110 g
- Grated coconut: 110g
- Kori curry masala powder: 40g
- Water:150ml

METHOD

Kori Curry Powder

- Dry roast all the ingredients except for the garlic cloves. Cool it. Add the garlic cloves into the above and blend to powder it.

Kori Curry paste

- Heat oil, add onion and cook until brown colour. Cool it & keep it aside.
- Dry roast coconut. Cool it. Make a paste of roasted coconut, brown onion, kori curry masala powder by adding water.

Kori Curry

- Slice the onions. Chop the tomatoes. Heat oil in a kadai, crackle mustard seeds. Add garlic, saute it for a minute. Add curry leaves and bay leaf.
- Add chopped onion. Brown it. Add chopped tomato. Cook for 15 mins until tomatoes turn soft. Add kashmiri chilli powder, kori chicken powder, turmeric powder and salt. Cook for 5 mins. Add kori curry paste. Cook for 5 mins. Add coconut milk, water and cook for 15 mins or until the chicken gets cooked. Finish off with lemon juice

Prep Time: 45 mins
Cooking Time: 30
Serves 6

By Chef Suresh Venkataramana, Executive Chef, Oota Bangalore

TINDLI MOI

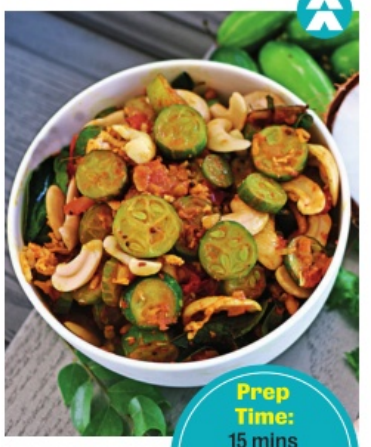
Also from coastal Karnataka. Pan-tossed ivy gourd with fresh cashew nuts and home ground spices, a healthy and delicious side dish.

INGREDIENTS

- Tindli: 400g
- Mustard seeds: 3g
- Chopped Garlic: 10g
- Chopped Curry leaves: 10g
- Chopped onions: 150g
- Chopped tomatoes 100g
- Tumeric powder: 2g
- Sambar Powder: 20g
- Cashews: 80g
- Grated Coconut: 70gm
- Salt: To taste
- Chopped Coriander leaves:10g

METHOD

- Cut tindli and keep aside. In a sauté pan or a kadhai add coconut oil, heat over medium



Prep Time: 15 mins
Cooking Time: 30
Serves 1

flame. Add mustard seeds, allow to crackle, add chopped garlic, sauté until golden. Add curry leaves, once they turn dark green add chopped onion and cook until translucent. Add chopped tomatoes, saute briefly and add the tindli. Add sambar powder, turmeric, salt and mix. Cover and cook for 10:15 minutes or until tindli is tender. Finish with grated coconut and chopped coriander. Check seasoning and serve.

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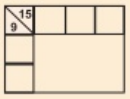
SOLVE IT IN A MINUTE

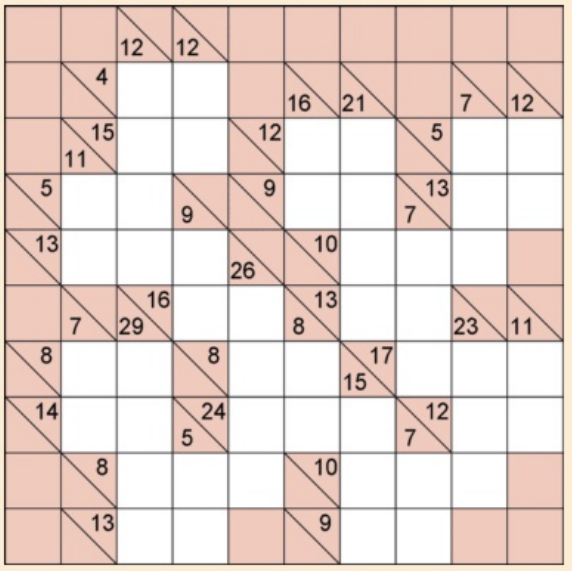
What number is four times one-third the number that is one-sixteenth less than three-thirty-seconds?

Kakuro

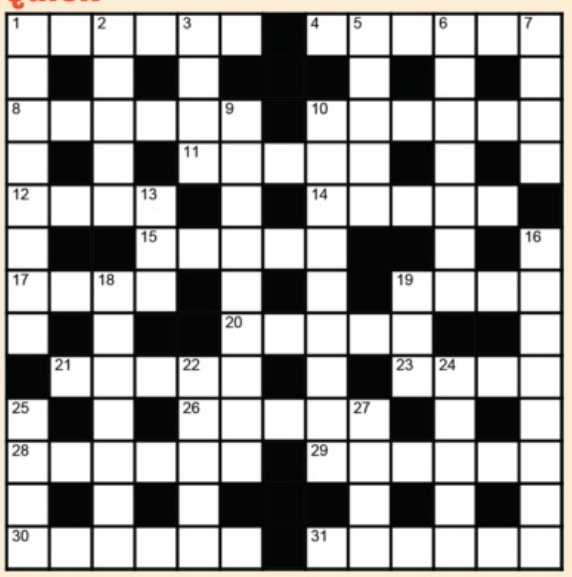
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Famous city in Kerala (6)
4 Leaps over (6)
8 Chennai's old name (6)
10 Join together (6)
11 Allocated share (5)
12 As far as (2,2)
14 Caution light (5)
15 Hesitate to agree (5)
17 Author __ Blyton (4)
19 Eastern continent (4)
20 Employment (5)
21 Pertaining to birds (5)
23 Secure (4)
26 Eyelid inflammations (5)
28 Regional dialect (6)
29 The most uncommon (6)
30 Mulling over (6)
31 Caught or ensnared (6)

DOWN

1 Regular traveller (8)
2 Trainee (5)
3 Saddam Hussein's country (4)
5 A steamed dosa (5)
6 Lingers on way (7)
7 Leak through (4)
9 Overcomes (9)
10 Astronomer or dreamer (4-5)
13 Strange (3)
16 Gifted (8)
18 Asks hospitably (7)
19 Aircraft Earth Station (3)
22 Flu type (5)
24 Watchful (5)
25 Unwanted e-mail (4)
27 An auction, perhaps (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: M EQUALS W

K'LQ BAJMF OQARHKF RPHR RPQ AJJR JT HGG TQHA KZ RPHR MQ'LQ UQQF TJAOQE RJ EQFW MPJ MQ HAQ.

Linemaro

ARe you going to kiss me or do I have to lie to my diary?

Mindchow

The smallest act of kindness is worth more than the grandest intention

Joke of the day

A bargain is something you don't need at a price you can't resist

Loop

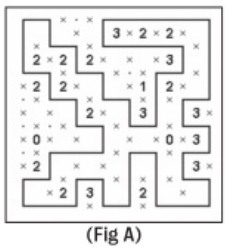
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

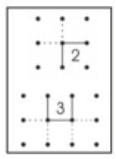
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

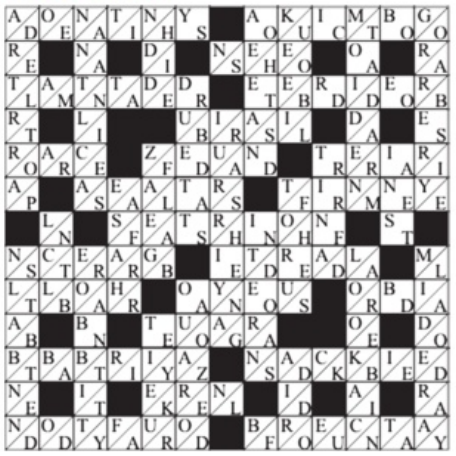


(Fig A)



(Fig B) Not Allowed

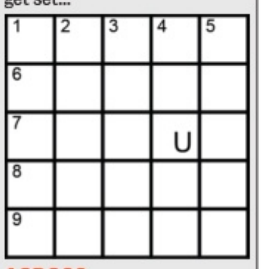
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

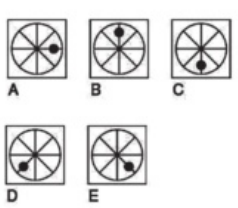
1 Prags; 6 Flier;
7 Laudo; 8 Me pul;
9 Shlep

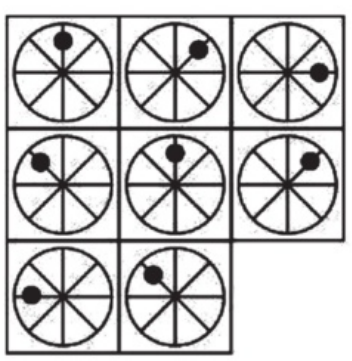
DOWN

1 Ph rag; 2 Iller;
3 Of alu; 4 Lumps;
5 Speed

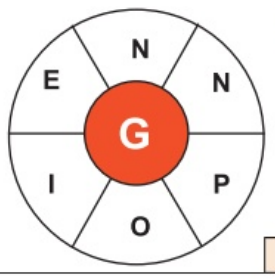
Mensapuzzle

Which is the missing tile?





Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

02 Average; 03 Good; 04 Outstanding

SudokuChallenge

		4	5		3	6		
9		2				5		8
	7		8		6		1	
5				1				2
		3				7		
4				7				6
	5		2		9		6	
7		6				9		1
		9	7		1	8		

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 20

2 7 7 8

Medium = 12

2 3 4 9

Hard = 30

2 8 8 3

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

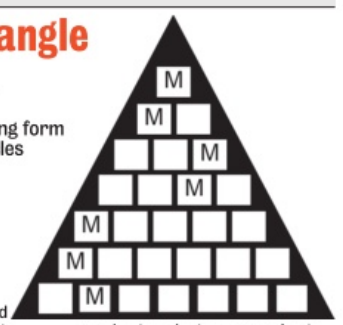
Differences: 1. Lamp is taller. 2. Tie is longer. 3. Window in door is smaller. 4. Book is thicker. 5. Trash can is moved. 6. Desk is wider.

Riddler

One tooth to bite, He's the forest's foe. One tooth to fight, As all Norse know. What is it?

Alpha triangle

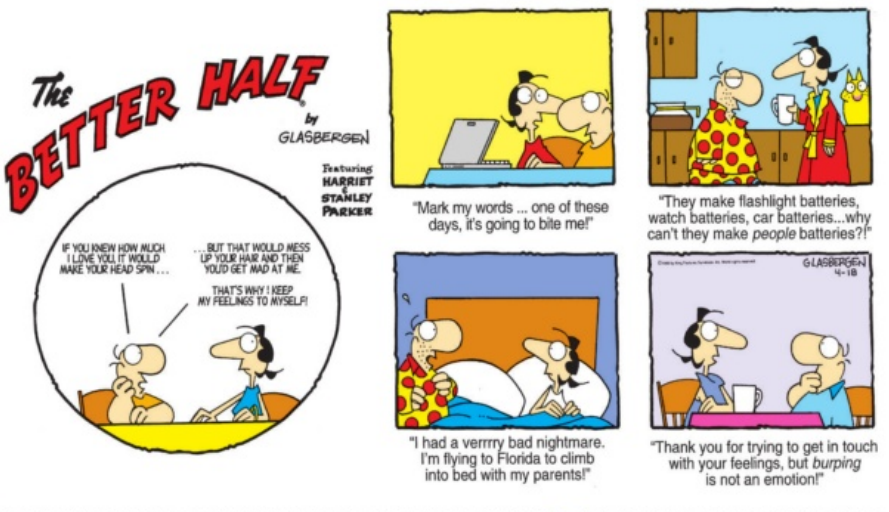
1 13th letter
2 Lambda follower
3 Addition result
4 Japanese wrestling form
5 Subatomic particles
6 Ascends
7 Quantities



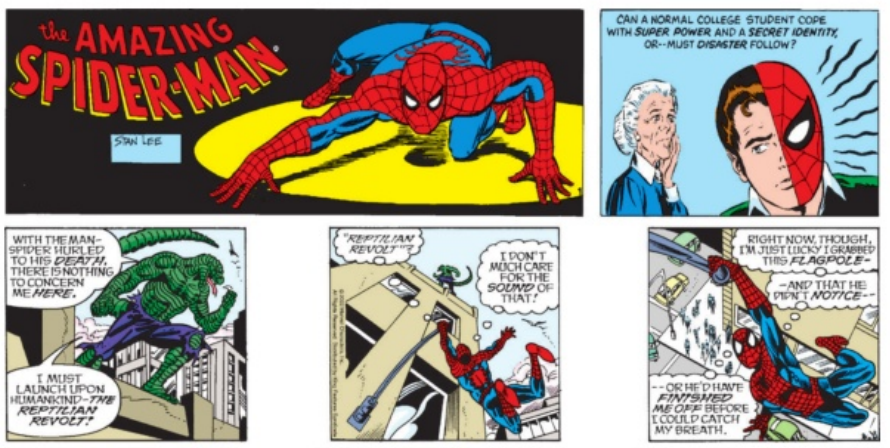
Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS


The BETTER HALF
by GLASBERGEN
Featuring HARRIET & STANLEY PARKER
IF YOU KNEW HOW MUCH I LOVE YOU, IT WOULD MAKE YOUR HEAD SPIN...
...BUT THAT WOULD MESS UP YOUR HAIR AND THEN YOU'D GET MAD AT ME.
THAT'S WHY I KEEP MY FEELINGS TO MYSELF!
"Mark my words ... one of these days, it's going to bite me!"
"They make flashlight batteries, watch batteries, car batteries...why can't they make *people* batteries?!"
"I had a verrrry bad nightmare. I'm flying to Florida to climb into bed with my parents!"
"Thank you for trying to get in touch with your feelings, but *burping* is not an emotion!"
GLASBERGEN 4-18

BABY BLUES™
BY RICK KIRKMAN & JERRY SCOTT
ZOE, THE RULEBOOK SAYS YOU ONLY GET SIX STROKES PER HOLE.
WAIT! IT ALMOST WENT IN THAT TIME!


the AMAZING SPIDER-MAN
STAN LEE
CAN A NORMAL COLLEGE STUDENT COPE WITH SUPER POWER AND A SECRET IDENTITY, OR--MUST DISASTER FOLLOW?
WITH THE MAN-SPIDER HURLED TO HIS DEATH, THERE IS NOTHING TO CONCERN ME HERE.
I MUST LAUNCH UPON HUMANKIND--THE REPTILIAN REVOLT!
"REPTILIAN REVOLT"!?
I DON'T MUCH CARE FOR THE SOUND OF THAT!
RIGHT NOW, THOUGH, I'M JUST LUCKY I GRABBED THIS FLAGPOLE--
--AND THAT HE DIDN'T NOTICE--
--OR HE'D HAVE FINISHED ME OFF BEFORE I COULD CATCH MY BREATH.
ALL I'VE GOT TO DO IS--
KKERR
AAAK
--FALL RIGHT ON MY HEAD!
STANLEE 6-13 SANTOKI SINNOTT
SHOULDN'T YOU SEE IF SPIDER-MAN'S ALL RIGHT?
I'M SURE HE CAN HANDLE THE LIZARD!
WHAT IS THE REPTILIAN REVOLT?

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today the moon is not in your favour, there are chances that you may not feel well and you might have health issues. You are advised not to make investments in new business projects otherwise you may face losses. Students are advised to avoid wasting time and should work hard. You are also advised to avoid rash driving.

Taurus Apr 21 – May 20
Today you might find some mental peace. You are likely to be busy with friends and family. You may enjoy your domestic life and it may increase understanding between you and your spouse. There is a new partnership coming up your way. New innovations may help your business to grow. Disputes in the partnerships may be resolved now.

Gemini May 21 – Jun 21
Today your good health may make you happy. Your health-related issues are going to be resolved. You may control your worthless expenditures and new sources of income may likely be opened, which may boost your financial health. Singles may find soul mates.

Cancer Jun 22 – July 23
Today the moon is showering blessings on you. You may have some sort of energy and you may be able to perform at work efficiently. You may also help some needy person which may create prestige among people around you. You may spend your time studying intellectual stuff. You may also plan for higher studies.

Leo Jul 24 – Aug 23
Today you may be impatient, and have a lack of confidence which may reflect in your way of working. Your parent's health may make you upset. Kids' notorious behaviour may make you upset. You should try to focus on yourself and try to avoid scattering your energy into different things. Investments in risky assets are advised to be postponed for now.

Virgo Aug 24 – Sep 23
Today you may be happy. You are likely to plan for overseas work-related travel, which will increase your business in the near future. Spending money on luxury stuff may improve your lifestyle. But you are advised to avoid buying glamorous things as it may affect your financial health.

Libra Sep 24 – Oct 22
Today you advised to be polite to people as it may affect your family harmony. You may spend your hard-earned money buying some worthless stuff to maintain your social status, but it is advised not to do the same.

Scorpio Oct 23 – Nov 22
Today you may be busy with your kid's career and extra curriculum activities. You may take some advice from someone to choose a career option. You may meet consultants or specialists also. You may also hear good news regarding kids' results. You may also invest some capital into your family business.

Sagittarius Nov 23 – Dec 22
You may fall victim to a conspiracy by some old enemy, so it is advised to be mindful. It is advised to avoid investments in risky assets. You must avoid lending money to anyone, it may be not be recoverable easily. Do meditation and yoga to manage stress. Love birds are advised not to be involved in controversies. Students are advised to work hard.

Capricorn Dec 23 – Jan 20
Today job seekers may get a new job. There are chances of promotions in the current job. Your business may get new clients which will be helpful in the growth. Singles are likely to find a good match. In domestic life, you must avoid hiding anything from your spouse otherwise it will create distance between the two of you.

Aquarius Jan 21 – Feb 19
Today is a good day. Your plans are going to give positive results in terms of profits. There may be good news on the way related to your past investments. Your creativity may help you to improve your professional skills. Job seekers are likely to get a suitable job. Students may have good focus after self-analysis. You may be able to understand the feelings of your spouse.

Pisces Feb 20 – Mar 20
Today until the afternoon you may be upset. Afternoon onwards elders' blessings may protect you from a messy situation. Your willpower may help you to complete your delayed projects. It is advised to avoid arguments to maintain harmony in domestic life. By the evening, a past investment may yield some profit.

KIDZONE

Kashvi Char, 8 years, Greenwood High

Amulya S, 14 years, Yashasvi International School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
4·(1/3)·((3/32) − (1/16)]
(4/3)·((1/32)]
4/96
1/24

BULL'S EYE
gone, OPENING, pigeon, ping

RIDDLER An Axe

FAST FIVE

G	R	A	S	P
R	I	F	L	E
A	L	O	U	D
P	L	U	M	E
H	E	L	P	S

QUOTE UNCODE
I've grown certain that the root of all fear is that we've been forced to deny who we are.

STRIKE OUT

D	E	A	T	H	S	■	A	K	I	M	B	O	■	■
E	■	N	■	I	■	S	H	E	■	A	■	R	■	■
T	A	T	T	E	D	■	E	R	I	E	R	■	■	■
R	■	I	■	U	R	A	L	■	D	■	E	■	■	■
O	R	C	■	F	E	U	D	■	T	E	A	R	■	■
P	■	S	A	L	T	S	■	T	I	N	N	Y	■	■
■	N	■	F	A	S	H	I	O	N	■	T	■	■	■
S	C	R	A	G	■	I	D	E	A	L	■	M	■	■
T	B	A	R	■	O	N	E	S	■	O	B	I	■	■
A	■	B	■	T	O	G	A	■	O	■	D	■	■	■
T	A	B	R	I	Z	■	S	A	C	K	E	D	■	■
E	■	I	■	D	■	I	■	A	■	E	■	■	■	■
D	O	T	A	R	D	■	B	O	U	N	T	Y	■	■

QUICK

C	O	C	H	I	N	■	V	A	U	L	T	S	■	■
O	■	A	■	R	■	■	P	■	O	■	■	E	■	■
M	A	D	R	A	S	■	S	P	L	I	C	E	■	■
M	■	E	■	O	U	O	T	A	■	T	■	P	■	■
U	P	T	O	■	R	■	A	M	B	E	R	■	■	■
T	■	D	E	M	U	R	■	R	■	■	T	■	■	■
E	N	I	D	■	O	■	G	■	A	S	I	A	■	■
R	■	N	■	U	S	A	G	E	■	■	L	■	■	■
A	V	I	A	N	■	Z	■	S	A	F	E	■	■	■
S	■	I	■	S	T	Y	E	S	■	L	■	N	■	■
P	A	T	O	I	S	■	R	A	R	E	S	T	■	■
■	A	■	E	■	A	■	■	L	■	R	■	E	■	■
M	U	S	I	N	G	■	N	E	T	T	E	D	■	■

MENSA PUZZLE
B: looking across, the dot moves 45° clockwise at each stage, but looking down it moves 45° anticlockwise

SUDOKU

1	8	4	5	2	3	6	7	9
9	6	2	1	4	7	5	3	8
3	7	5	8	9	6	2	1	4
5	9	7	6	1	4	3	8	2
6	1	3	9	8	2	7	4	5
4	2	8	3	7	5	1	9	6
8	5	1	2	3	9	4	6	7
7	3	6	4	5	8	9	2	1
2	4	9	7	6	1	8	5	3

GO FIGURE
Easy
7 + 7 + 8 − 2 = 20
Medium
4 + 9 − 3 + 2 = 12
Hard
3 + 8 x 2 + 8 = 30

ALPHA TRIANGLE
M, Mu, Sum, Sumo, Mouns, Mounts, Amounts.

LOOP

KAKURO

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Wreck returns
Horror-comedy series 'Wreck' is all set to return with another season, the seafaring show received a second six-episode order from BBC Three controller

BangaloreMirror | 16
Sunday, October 30, 2022
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This challenge too shall pass

Samantha Ruth Prabhu revealed on Saturday, that she has been diagnosed with a rare condition.

The actress posted a picture of hers in a recording studio, while being on an IV and wrote, "Your response to the Yashodha Trailer was overwhelming. It is this love and connection that I share with all of you, that gives me the strength to deal with the seemingly unending challenges that life throws at me. A few months back I was diagnosed with an autoimmune condition called Myositis. I was hoping to share this after it had gone into remission. But it is taking a little longer than I hoped. I am slowly realising that we don't always need to put up a strong front. Accepting this vulnerability is something that I am still struggling with. The doctors are confident that I will make a complete recovery very soon. I have had good days and bad days.... and even when it feels like I can't handle one more day of this, somehow that moment passes. I guess it can only mean that I am one more day closer to recovery. I love you.. THIS TOO SHALL PASS".

Audiences should call out bad films: Kamal Haasan

Stating that fans had a great responsibility, actor Kamal Haasan said that they must make it a point to call good films good and bad films bad.

Speaking at the audio launch event of director Prabhu Solomon's 'Sembi', , Kamal Haasan said: "During those days while seeking a chance, I would carry a photo album with my pics from the film '16 Vayadhinile'.

"I would keep showing it to people saying, 'I am acting in this film as its hero'. Some would have good words to say. There were others who would say, 'Don't you feel ashamed carrying a book in which you have a picture of yourself in a loin cloth?' I remember all those words today when one of the speakers here praised me saying I attend the audio launches of both big and small films."

"One cannot decide which is a big film or a small film from here," he said and then pointing to the audience, he added: "They are the ones who decide." "If we are talking about '16 Vayathinile', remembering it after almost 40 years after it was made, then that is what is a big film. There are times when we struggle to remember the name of a film, saying, 'What was that film that was made for so many crores?' That is a small film," he explained.

Stating that he had watched 'Sembi', Kamal Haasan called it a good film. "The core point the film looks to make is good. I have seen this film. Our silence is the biggest danger. When you don't question people committing mistakes as to why they are doing so, the mistakes will continue. This film says that and that is why I like this film. It reminds us all that we have a duty."

The actor then said: "As fans, you too have a great responsibility and duty, you must call good films good and bad films bad. You must do that boldly and without fear."

—IANS

'A big hug from Appu sir'

Actress Samyuktha Hornad has showered praise on director Amoghavarsha's just released Kannada film, 'Gandhada Gudi', which happens to be the last film of Kannada star Puneeth Rajkumar.

Taking to Instagram, the actress penned an emotional post on the film and on actor Puneeth Rajkumar, who is lovingly called Appu.

She said: "'Gandhada Gudi' is a big big hug from Appu sir to all of us and nature. It's the hug we didn't know we needed so badly."

"A film with a universal message, Puneeth sir truly is a real universal hero. What a film! I can't contain in words what I just experienced, you have to watch this on the big screen."

"Please take your friends, family and don't miss it."

—IANS

On a serious note

Sonakshi reveals that there was so much fun on sets that she had to put a stop to it

Bollywood actress Sonakshi Sinha revealed that she often made everyone serious on the sets of 'Double XL'. She said that there was so much gossip and banter that she had to remind them about shooting for the sequences in the film.

She said: "We four have had a lot of fun shooting for the film. We never knew where to stop and start working but there was only one person who knew where to draw the line and that was none other than me. I would control them and bring back the seriousness so that we can all work on time."

When size zero or having a toned body is the criteria of beauty, 'Double XL' breaks all these norms set by society and brings out the story of two plus-size women portrayed by Sonakshi Sinha and Huma Quereshi.

The comedy-based reality series 'The Kapil Sharma Show' will see 'Double XL' cast including Sonakshi Sinha, Huma Qureshi, Zaheer Iqbal, Mahat Raghavendra, and director Satram Ramani appearing as celebrity guests.

While the cast talked about the film, Sonakshi told the host, Kapil Sharma, that shooting for the film was so much fun that they would even forget on the sets about the work, and then she used to ask them to be serious about shooting. Zaheer added calling her a 'senior' that: "She has warned all three of us to behave properly before coming on the show." IANS

"We four have had a lot of fun shooting for the film. We never knew when to stop... I would control them and bring back seriousness so that we can work